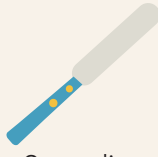


Culinary Skills



Cutting



Spreading



Funny Face Bagel

Servings: 1 per child



Ingredients:

- ½ whole grain bagel
- 1 tablespoon cream cheese
- 1 tablespoon shredded carrot
- 1 cherry tomato, halved
- 1 sugar snap pea
- 1 small broccoli floret

Supplies:

- Table knife
- Spreader
- Cutting board

Directions:

Adults will:

- Rinse vegetables.
- Give each child the ingredients for their bagel face.
- Help children break open pea pods (or leave whole).
- Demonstrate how to create the Funny Face Bagel and have the children follow along.

Children will:

1. Spread the bagel half with cream cheese.
2. Lay the "hair" (shredded carrot) on the bagel.
3. Place the tomato on the bagel for eyes.
4. Arrange a broccoli nose on the bagel.
5. Gently break open the pea pod along the seam (or leave whole). Place the pea pod "mouth" on the face.