

# Kids Craft: HARVEST FOOD PAINT ACTIVITY

Get your child to explore symmetry, food, color, and patterns by creating paintings with your young artist using harvest foods. Turn the designs into prints with this simple craft!



## Materials Needed

- Washable Paint
- Fruits and Vegetables (apples, corn, small pumpkin)
- Paper Plates
- Paintbrush
- Sharp Knife
- Plastic Knives
- Cutting Board



## Instructions

1



**Step One:** Cut the fruits and vegetables in half (if desired), so you can see the seeds and shapes inside.

2



**Step Two:** Spread the different paint colors on several plates.

3



**Step Three:** Dip or brush on the paint, then firmly press the fruites and veggies to create prints on the paper.

4



**Step Four:** Let artwork dry.

