



Kids Cuisine

WATERMELON POPS

You and your children will enjoy this fun and creative summer treat!



Ingredients

- 350 g/ 12 oz. watermelon, preferably seedless
- 200 g/ 7 oz./ $\frac{3}{4}$ cup Greek yogurt
- $\frac{1}{2}$ teaspoon pure vanilla extract
- 2 tablespoons granulated sugar
- 2 tablespoons honey
- Juice of 1 lemon

Instructions

- ✓ **Step One:** Remove the peel of the watermelon (and the seeds, if there are any). Place the watermelon in the blender together with the rest of the ingredients and blend until very smooth.
- ✓ **Step Two:** Add more sugar/honey or lemon juice according to your taste.
- ✓ **Step Three:** Pour the mixture into the popsicle molds and freeze.