

Winter Fitness

BINGO

 <p>Go on a winter-wonderland walk</p>	 <p>Go skating</p>	<p>Go geocaching</p>	 <p>Go sledding</p>	<p>Try yoga together</p>
<p>Play charades</p>	<p>Have a dance party</p>	<p>Play Simon Says</p>	<p>Build a snowman</p>	<p>Build a snow maze</p>
<p>Go snowshoeing</p>	 <p>Create an obstacle course</p>	<p>FREE Space</p>	<p>Play freeze tag</p>	 <p>Chase bubbles (indoors and outdoors)</p>
<p>Run in place</p>	 <p>Build a snow fort</p>	<p>Help shovel</p>	 <p>Toss snowballs</p>	<p>Skip across the room</p>
 <p>Hop like a frog</p>	<p>Act out a story</p>	<p>Paint the snow with food coloring</p>	 <p>Follow animal tracks</p>	<p>Hop on one foot</p>